



# Maya Tulum, Mexico February 8<sup>th</sup>-15<sup>th</sup>, 2014

## Svaroopo Yoga Retreat

**Kim Abplanalp and Terry Gardner, Leading and Certified Svaroopo Yoga Teachers**

Tulum and Coba ruins, Yucatan biosphere, great food, twice daily yoga classes, spa services including Mayan, on the Caribbean aqua blue sea, snorkeling with turtles or in the beautiful lagoon, day trips, rest, shared times with yogis.

Double occupancy rates: (airfare separate but all other costs covered including shuttle and staff tip!)

**Beach Front Deluxe: \$2335 Beach Front: \$2230 Ocean View: \$2075 Garden: \$1965**

**(includes: \* yoga instruction \* 7 nights lodging \* 3 meals per day \*round trip shuttle \$90 value**

**\* staff tip \$50 value \* one spa session \$100 value \* ½ day trip \$50 value**

Single rates available upon request. \$400 deposit requested. [kimbaa1@verizon.net](mailto:kimbaa1@verizon.net)

Refund Policy: All but \$50.00 until 11/8/13; \$250 returned from 11/8/13 to 12/8/13; non-refundable after 12/8/13. Second payment due 11/8/13, balance 1/8/14

We have limited space available on this retreat to the beautiful Yucatan peninsula of Mexico. We'd love to have you. Namaste, Terry and Kim